Grains

Draw a picture of your favorite food from the GRAINS group!

Foods in the GRAINS group give our bodies energy!
Draw a picture of how you like to use energy.
Write about what you are doing in the picture.

_______________________________________________________________________________
_______________________________________________________________________________
_______________________________________________________________________________

STANDARDS: W.1.2 Write informative/explanatory texts in which they name a topic, supply some facts about the topic, and provide closure.

This material was funded by USDA’s Supplemental Nutrition Assistance Program - SNAP. This institution is an equal opportunity provider.
Grains Group Foods

How many different grains group foods can you find on Jane Grain?

______________

Write the names of the grains group foods you see:

___________________
___________________
___________________
___________________
___________________

Name: _________________________________
Grains Group Word Search

Find these grains group foods!

BREAD
CEREAL
CRACKERS
OATMEAL
PANCAKES
POPCORN
RICE
SPAGHETTI
TORTILLA

STANDARDS: K.NPA.1.1 Classify foods by groups in MyPlate.

This material was funded by USDA’s Supplemental Nutrition Assistance Program - SNAP. This institution is an equal opportunity provider.