Grains

Draw a food in the **grains** group that is the shape of a SQUARE.

Draw a food in the **grains** group that is the shape of a CIRCLE.

**Grains** foods give us ENERGY! Draw a picture of how you like to use energy.

STANDARDS: **NC.K.G.1**: Describe objects in the environment using the names of shapes, and describe the relative positions of objects using positional terms. **SL.K.5**: Add drawings or other visual displays to descriptions as desired to provide additional detail.
Which foods are in the GRAINS Group?

Circle the foods in the GRAINS Group and put an X on the foods not in the grains group.

Standards: K.NPA.1.1 Classify foods by groups in MyPlate.